

Manchester Fayre Lunch Menu

To encourage variety and pupil's enjoyment of their school meal experience, we have created a 'mix and match' style menu to enable our catering teams to create a daily menu that meets their customer requirements and preferences, whilst maintaining social distancing for the safety of our staff, customers and school staff.

Pupils will be offered the following:

- 1. Filled sandwich selection or pasta salad box**
- 2. Accompaniment** e.g. mini cheese whirl, breadsticks & vegetable sticks, veggie sausage roll etc
- 3. Fruit and vegetable portion**
- 4. Second course item**
- 5. Drink**

We have provided within this information pack details of the different breads, pastas, fillings and accompaniments to assist our catering teams with providing a varied lunch menu each day, we will also issue our teams with recommended guidelines on how to plan their weekly menu to avoid repetition and encourage healthy choices. A sample menu has been included within the information pack to highlight the available variety.

Allergen information will be issued to our catering teams for all the available items, and they are aware to contact our nutrition team for specific advice with catering for pupils with special dietary requirements.

To maintain social distancing you may wish to consider a pre order system which you can discuss with your catering manager.

Should you have any questions or wish to discuss your catering arrangements in more detail, please contact your area manager as per the contact details included in the opening letter.

Please find below a summary of the different types of breads, pasta, fillings (cold) and accompaniments:

Bread Types	Meat (non halal) fillings	Non Meat / Halal Fillings	Vegetarian Fillings	Pasta Pots
<ul style="list-style-type: none"> • Sliced Malted Bloomer • Sliced White Bloomer • Deli sub roll • Wholemeal hoagies • Sandwich baguettes • Floured Bap (white & wholemeal) • Medium sliced breads (white & wholemeal) • Bagels • Pitta breads (white & wholemeal) • Tortilla wraps • Tomato tortilla wraps • Gluten free bread 	<p>Sliced meats (non halal) farm assured from Liveseys:</p> <ul style="list-style-type: none"> • Ham • Turkey • Beef • Chicken <p>TC meats chicken fillet (cooked & sliced)</p> <p>Marinated* chicken fillet (to be served as a cold filling):</p> <ul style="list-style-type: none"> • Sweet chilli • Italian • Piri Piri • Smokey BBQ <p>*NB marinade sauces are all suitable for halal / vegetarian customers</p>	<ul style="list-style-type: none"> • Halal chicken fillet (cooked & sliced) • *Marinated chicken fillet slices as per *marinades • Tuna • Tuna mayo & sweetcorn • Tuna crunch • Tuna & salmon mayo • Coronation tuna • Vegetarian fillings 	<ul style="list-style-type: none"> • Sliced egg • Egg mayo • Cheese / savoury cheese • Homemade hummus • Low fat cream cheese • Onion bhaji • Roast veg & hummus • Veggie Sausage • Tandoori Quorn • Coronation Quorn • Sweet chilli Quorn • Marinated Quorn pieces as per *marinades 	<p>Pastas:</p> <ul style="list-style-type: none"> • Conchiglie (pasta shells) • Wholemeal & white fusilli (pasta twists) • Penne (pasta tubes) • Gluten free pasta <p>Fillings:</p> <ul style="list-style-type: none"> • Tomato pasta sauce with vegetables and Quorn pieces or cheese • Tuna & sweetcorn mayo • Sweet chilli Quorn pieces

Accompaniments and second course on next page.....

Accompaniments	Second Course
<ul style="list-style-type: none"> • Mini pizza slice • Breadsticks or vegetable sticks with homemade hummus or low fat soft cheese • Mini cheese whirl • Veggie sausage roll • Mini onion bhajis • Mini vegetable samosa • Homemade tortilla triangles • Carrot batons • Cucumber sticks • Celery sticks • Mange tout • Sugar snap peas • Tomato quarters • Fruit portion 	<p>Anne Forshaw yoghurts:</p> <ul style="list-style-type: none"> • Strawberry • Mixed case <p>Yeo Valley organic yoghurts:</p> <ul style="list-style-type: none"> • Banana & custard • Mango & vanilla • Raspberry • Strawberry <ul style="list-style-type: none"> • Cheese portions (individually wrapped) & crackers <ul style="list-style-type: none"> • Homemade muffin • Homemade biscuit • Homemade flapjack

Daily items to include a piece of fruit, water and a vegetable portion

Non-halal Sample Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
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Main Item	Ham or Tuna mayo deli sub roll or Hummus & roasted vegetable wrap	Sliced turkey or Egg mayo hoagie or Onion bhaji salad pitta pocket	Tomato & cheese pasta pot or Sweet chilli Quorn pasta pot	Coronation chicken or Tuna crunch malted bloomer or Low fat cream cheese bagel	Tomato & Quorn Pasta Pot or Tuna & sweetcorn Mayo Pasta Pot
Accompaniment	Mange Tout	Mini pizza slice & carrot batons	Celery sticks & Hummus	Veggie sausage roll	Sugar Snap Peas
Second Course	Fruit Yoghurt	Homemade Biscuit	Fruit Yoghurt	Cheese & crackers with veg sticks	Homemade Fruit Muffin
Daily Items	Water & Fruit available daily				

Halal Sample Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Item (3 options everyday)	Sliced chicken or Cheese & salad pitta pocket or Hummus & Roasted Vegetable wrap	Tomato & Quorn pasta pot or Tuna & vegetable mayo pasta pot	Sweet chilli chicken or Egg mayo hoagie or Tandoori Quorn baguette	Tuna & sweetcorn mayo pasta pot or Tomato & cheese pasta pot	Coronation chicken or hummus salad wrap Or Low fat cream cheese bagel
Accompaniment	Veggie sausage roll & carrot sticks	Cucumber sticks	Celery, breadsticks & Hummus	Mange tout	Vegetable samosa & cucumber sticks
Second Course	Fruit Yoghurt	Cheese & crackers	Homemade fruit muffin	Fruit Yoghurt	Flapjack
Daily Items	Water & Fruit available daily				