

Personal, Social, Health and Emotional Education (PSHE) at St Agnes CE Primary School



At St Agnes CE Primary School we provide an engaging and inspiring curriculum that promotes our core value of 'love to learn'.

Based upon the needs of our children, families and the community, our curriculum aims to equip pupils in acquiring the cultural capital needed to flourish in education and beyond. We achieve this through a knowledge based and skills led approach, rich in language and vocabulary, supported through enriching experiences which allows all of our children to 'learn do well'.

Pupils will leave St Agnes well prepared for the next stage of their education – enabling them to grow into active, responsible members of society 'living well together', in modern Britain.

Why we teach PSHE?

At St Agnes' CE Primary School we believe that Personal, Social, Health Education (PSHE) is crucial in supporting children in their personal development, and underpinning learning in the classroom, school, and in the wider community. PSHE education is a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy, safe and able to form and maintain positive relationships with others. Children at St Agnes' in EYFS through to Year 6 develop an understanding of the ever-changing world in which we live, develop the skills necessary to take an active role in their community and manage their life effectively. We aim to encourage mutual respect, resilience, pride,

independence and foster self-esteem in a happy and caring atmosphere. As a school, we promote the use of Rights and Respecting Charters and Peace Mala, which combined with our PSHE Question Based Model creates a half-termly focus and underpins our PSHE curriculum.

Within our teaching of PSHE we also cover a range of Spiritual, Moral, Social and Cultural (SMSC) teaching in order to prepare our children for life in Modern Britain.

St Agnes' Eco Ambassadors,
Manchester Climate Summit



How we teach PSHE ?

PSHE (Personal, Social, Health and Economic Education) is a crucial element of our curriculum at St Agnes' CE Primary School and underpins everything that we do.

Our PSHE education provides opportunities to learn about :

Relationships: including developing and maintaining positive relationships and dealing with negative relationships. .

Developing independence, resilience and responsibility: including preparing children and young people to face life's challenges and make the most of life's opportunities.

Health: including healthy lifestyles, healthy eating and exercise; mental and emotional health; drug, alcohol and tobacco education.

Managing risk: including understanding personal safety and online safety; financial choices and risks; appreciating the value of taking risks in certain situations (e.g. entrepreneurial risks).

Economic wellbeing: including the role of money, influences on our use of money, gambling, careers education

Employability skills: including learning about enterprise, business and finance. Developing the skills and attributes to succeed at work, including communication skills and confidence.

What PSHE looks like at St Agnes?

The statutory guidance is comprehensively covered by learning opportunities for each key stage across our **PSHE** sessions in EYFS and our PSHE Programme Builder's three core themes: 'Health and Wellbeing', 'Relationships', and 'Living in the Wider World' alongside **Our Rights and Respecting Charters** and **Peace Mala Values** across the rest of school.

Through our **Peace Mala** Commitments, we learn to respect and be tolerant. Peace Mala rainbow bead bracelets are visible evidence of our pupils' knowledge of a wide range of world religions. They are worn with pride by peace ambassadors who support positive play and friendship. In our playgrounds.

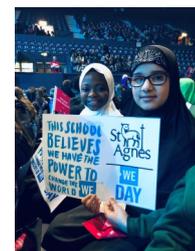
Our children are taught about the skills needed for socio-economic success through **Manchester Skills for Life** and these are embedded in our celebratory events, such as assemblies and



Our Student Council with
MP Afzal Khan



Presenting Andy Burnham
Mayor of Greater Manchester
with his Peace Mala Bracelet.



St Agnes' Pupils at WE Day, London

" I had a wonderful afternoon visiting St Agnes Primary School and meeting students and staff. I'm so proud of the work they're doing with @UNICEF_uk on the rights of refugees and was able to give them the letter I received from the Immigration Minister in response to their video." MP Afzal Khan

*"St Agnes Primary is a shining example of what it means to be a peaceful school. Your message could change the world for future generations!"
Andy Burnham Mayor of Manchester*

" Self-care is important. I know that my mental health is as important as my physical health." Fayha 6C

Links:

PSHE National Curriculum:
<https://www.pshe-association.org.uk/curriculum-and-resources/resources>

Peace Mala: <http://www.peacemala.org.uk/>

WE Schools: <https://www.we.org/en-GB/our-work/we-schools/>

Manchester Skills for Life:
<https://democracy.manchester.gov.uk/documents/s10590/Skills%20for%20Life.pdf>

Rights and Respecting Schools:
<https://www.unicef.org.uk/rights-respecting-schools/the-rrsa/what-is-a-rights-respecting-school/>