

St Agnes C.E. Primary School

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www.st-agnes.manchester.sch.uk

Date: 08.10.2020

Headteacher: Mr S Uddin

FOR PARENTS and CARERS OF DIRECT CLOSE CONTACTS OF A CONFIRM CASE OF COVID 19 at St Agnes CE Primary School – <u>Year Six</u>

Advice to Self-Isolate

Dear Parents and Carers,

I want to inform you that there has been a confirmed case of COVID-19 in our Year Six bubble.

Pending further advice from PHE, the school has made the decision to ask some children who may have been in close contact with this individual to self isolate. They can return to school on **WEDNESDAY 14**th **OCTOBER 2020.**

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the period of self-isolation, then they can return to usual activities. A negative test does not mean that your child can return to school earlier than **WEDNESDAY 14**th **OCTOBER 2020.**

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period.

Please see the link to the PHE Staying at Home Guidance

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when symptoms appeared as advised in https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance

You should arrange for testing for your child] via https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested or 111.nhs.uk or Primary Care

All other household members who remain well must stay at home and not leave the house for 14 days.

With this case it has been worked out that the isolation period is for 7 days as symptoms were shown 7 days prior to this day, totalling 14 days.

















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Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for the isolation period will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- · high temperature and/or
- · a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often do this for at least 20 seconds
- · use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely,

Mr S Uddin













